

SHAC Meeting Agenda

Date: May 25, 2023 Time: 2:00pm

Location: Atrium 4421 Conference Room 100

Meeting Attendees: Irini McCarthy, Monica Adamian, Andrew Romberger, Yvette Watson, Treva Johnson, Debbie Brinckman, Rosy Crumpton, Shanique Parker, Jessica Jacobs, Cotrane Penn, Latisha Hensley, Kerry Barbera, Sahsine Davis, Jenn Vedder, John Concelman, Shea Heyward, Ursula Duglas, Jasmine Simmons, Molly Rush, Sherill Carrington

School Health Advisory Council: Our Charge

A School Health Advisory Council (SHAC) is required by NC State Board of Education Healthy Active Children Policy (HRS-E-000) and CMS Student Wellness Policy and Regulation (JL, JL-R).

Responsibility #1: Work in conjunction with CMS leadership to plan, implement and monitor compliance with CMS Policy JL – Student Wellness and other CMS policies, regulations, and programs related to health and wellness.

Responsibility #2: Review CMS annual progress report related to compliance with Policy JL.

Responsibility #3: Develop resources for staff, students, and parents about CMS health policies and regulations that impact student mental and physical health.

Responsibility #4: Promote student-centered programs intended to positively impact health, wellness and safety.

Agenda Items	Notes
Welcome, Introductions, and Icebreaker	
SHAC Grant Funding, DNR Policy, YRBS & Narcan Update (Monica Adamian)	<p>SHAC Grant Update: 2 schools per LC to receive funding to set up Calming Rooms:</p> <ul style="list-style-type: none"> ● JM Alexander, Hopewell HS, Druid Hills, Bruns, Huntingtowne Farms, Berewick, Stoney Creek, Ridge Road MS, Crown Point, Butler HS, Tuckaseegee, Harding HS, Turning Point, Greenway Park, Northridge MS, Rocky River HS, Garinger HS, Eastway MS <p>DNR Policy Update: Superintendent reviewed recommendations and decided not to move forward with the request for revision</p> <ul style="list-style-type: none"> ● Concerns that most other districts do not accept DNRs ● Must notify families and address needs case by case <p>YRBS: 2021 data was recently shared. Some of the information may be skewed. No weighted sample that cycle. Limited information. 2023 data collected, 81% participation.</p>
Tobacco Prevention -Tobacco-21 law (Irina McCarthy)	<ul style="list-style-type: none"> ● N.C. has experienced an alarming increase in the use of tobacco products by young people—especially e-cigarettes, which are mostly acquired from retailers. ● It's important to prevent the sale of tobacco products to people under age 21. ● To match federal law and most other states, N.C. needs to raise the age of purchase to 21. ● N.C. is at risk of losing millions of federal dollars for substance use disorder treatment if it does not effectively prevent underage sales of tobacco products. ● A tobacco retailer permitting system is an evidence-based measure to reduce tobacco sales to youth. ● N.C. needs a level playing field among tobacco retailers—making it easier to educate and inspect all retailers to reduce illegal sales to underage youth. ● Will you consider a letter of support for T-21 Law and Tobacco Retail Permitting to protect North Carolina youth from nicotine addiction? <ul style="list-style-type: none"> ○ Encourage others to support – ○ Bipartisan issue ○ Youth and parents ○ Community organizations ○ School administrators

	<ul style="list-style-type: none"> ○ School Resource Officers (SROs) ○ Law enforcement ○ Retailers who support youth tobacco prevention
Violence Prevention-Jamie Kimble Foundation For Courage (Sherill Carrington)	<p>The Jamie Kimble Foundation mission is to create a future without intimate partner violence through prevention, education, awareness, and research. Courage Clubs are teen-led groups created to promote a future without violence through a lens of positivity and inclusivity.</p> <ul style="list-style-type: none"> ● To accomplish their mission, Courage Clubs plan and carry out activities and events in their schools and communities. ● These events and activities are focused on promoting healthy relationships and raising awareness around TDV. ● COURAGE CLUBS: how to get one started <ul style="list-style-type: none"> ○ Permission from school administration ○ Adult Advisor to guide your Courage Club ○ Signed partnership agreement with the JKFFC <p>2023 Courage Clubs/members: Butler HS - 35 Cochrane Collegiate Academy - 20 Garinger HS – 10 Hawthorne Academy of Health Sciences and the Military and Global Leadership Academy - 15 Julius Chambers HS – 50 JT Williams Secondary Montessori - 25 Levine Middle College High School - 12 Northwest School of the Arts - new Olympic HS – 25 Phillip O. Berry - new Myers Park HS -18 W.A. Hough - 5</p> <p>Jamie Kimble Foundation for Courage (jkffc.org)</p>
School Health Team Survey Results (Treva Johnson)	School Health Team Survey Results
SHAC 2023-2024 Goals-Group Discussion	<ul style="list-style-type: none"> ● Seeking grants to help fund initiatives in schools-SHAC led ● Provide schools a list of resources. SHAC members will send those and any connections to Treva ● Identify a school based representative ● Have ideas ready for schools ● Playbook includes education (What is SHAC?, WSCC Model, Expectations, Examples (Activities)) ● Annual Review-Highlight schools from Learning Communities that have initiatives from each component of the WSCC model. ● Meet with School Health Team Lead-teacher workdays or drop in office hours.
Updates/Announcements: <ul style="list-style-type: none"> ● Facebook ● Virtual Clinics ● School Nursing Staffing Updates ● Other Announcements 	<p>Coordinated School Health Facebook page: Like and Follow us https://www.facebook.com/profile.php?id=100092374578146&mibextid=ZbWKwL</p> <p>Dimensions of Health: Thriving Schools Resource https://thrivingschools.kaiserpermanente.org/</p>
Next meeting	<ul style="list-style-type: none"> ● NEXT MEETING August 24, 2023 2:00 p.m. ○ Group decided on an in person meeting option. We could change up the meeting location sometimes. Any suggestions of free locations, please send our way.

Thank You!